## October is all about apples!



Join the New Jersey Department of Agriculture for a monthly tasting of some of New Jersey's best fruits and vegetables! Whether you feature apples on the salad bar, sliced apples in taste tests, or feature apples in school menus, we want YOU to join in this delicious fun! Click here for our downloadable flyer and taste test stickers.

Where can you find New Jersey grown apples? Check out our procurement link here and ask your produce distributor to look for New Jersey-grown apples.

What resources are there to highlight this nationally prized fruit? Check out our downloadable, two-sided flyer to share in the classroom, cafeteria and garden.

Where can you share your events with us? On our Jersey Fresh Farm to School Facebook, Twitter and Instagram pages.

What hashtag should I use to post to social media? Use #jerseytastes and #farmtoschoolnj to share your tasting tales!

## Jersey Tastes!...a year-long, monthly celebration of New Jersey agriculture.

**SEPTEMBER:** Tomatoes

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Tomatoes.pdf

**OCTOBER:** Apples

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Apples.pdf

**NOVEMBER:** Cabbage-all varieties

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Cabbage.pdf

**DECEMBER:** Squash-winter varieties

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Squash.pdf

JANUARY: Frozen Blueberries

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Blueberries.pdf

**FEBRUARY: Sweet Potatoes** 

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-

chart/F2S%20Sweet%20Potatoes.pdf

MARCH: Lettuce (greenhouse)

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Lettuce.pdf

**APRIL:** Spinach

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Spinach.pdf

MAY: Asparagus

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Asparagus.pdf

JUNE: Strawberries

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-

chart/F2S%20Strawberries.pdf

**JULY: Peppers** 

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-chart/F2S%20Peppers.pdf

**AUGUST: Sweet Corn** 

http://www.nj.gov/agriculture/farmtoschool/documents/seasonality-

chart/F2S%20Sweet%20Corn.pdf